

# ***FITNESS360***<sup>®</sup>

**FT9043**

**SMITH STATIV**



# Installation

Step 1:

Attach the two flat oval feet (#3) to the left frame (#1) and right frame (#2).

Step 2:

Attach the two counterweight feet (#4) to the left frame (#1) and right frame (#2).

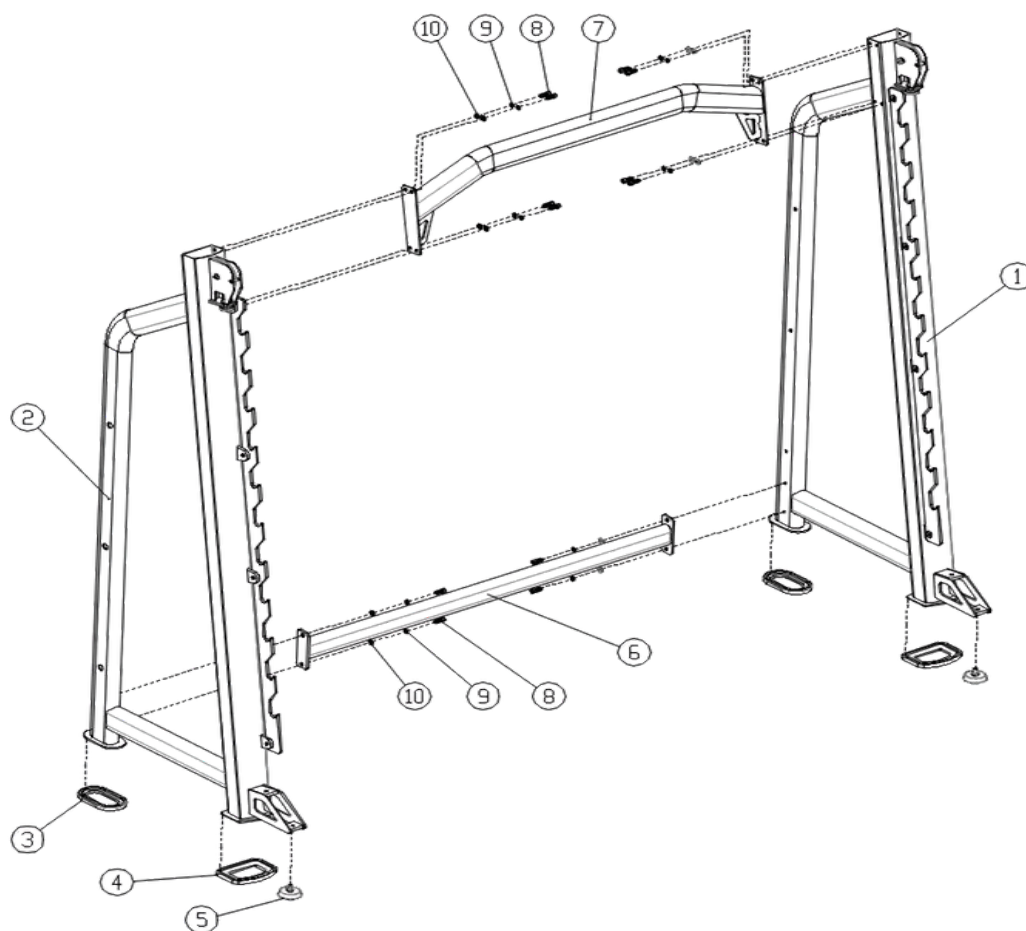
Step 3:

Attach the two movable feet (#5) to the left frame (#1) and right frame (#2).

Step 4:

Connect the lower connecting beam (#6) and the upper connecting beam (#7) between the left frame (#1) and right frame (#2) using the following components:

- 12 × Socket Head Cap Screws (#8)
- 12 × Spring Washers (#9)
- 12 × Flat Washers (#10)



Step 5:

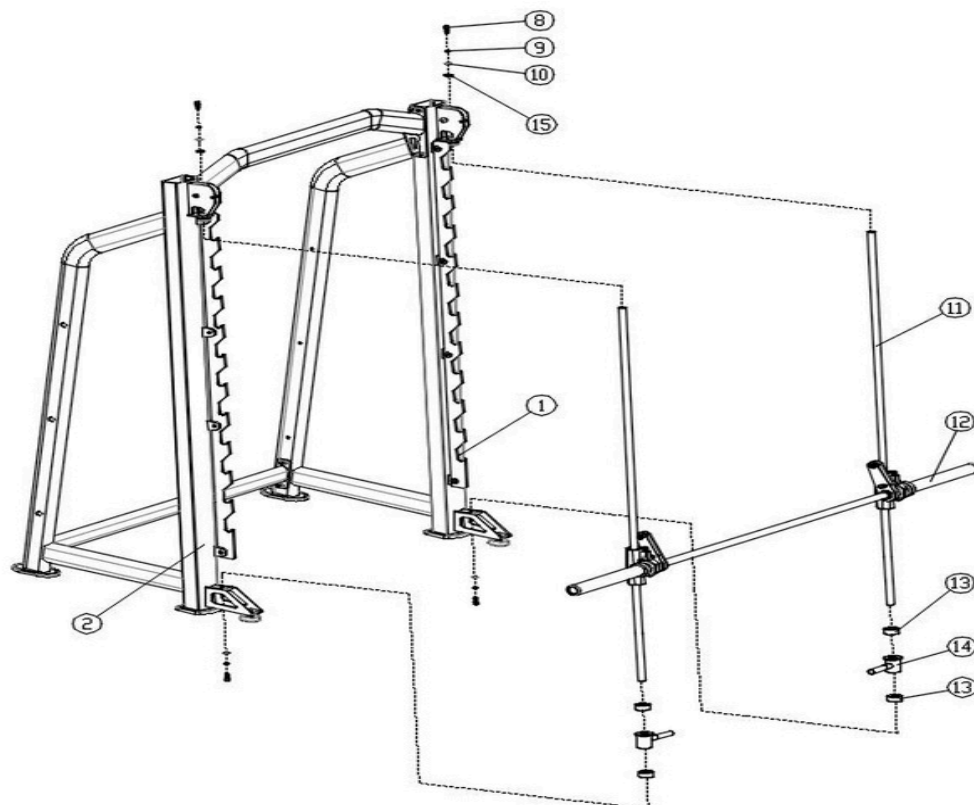
Install the Smith Barbell (#12) onto the Chute Bar (#11) with the hooks facing upward. Then:

- Attach the rubber pad (#13) to the bottom of the Chute Bar (#11), making sure it sits flush.
- Install the Safety Hook (#14) onto the Chute Bar (#11).
- Repeat the same process on the opposite side with the second rubber pad (#13).

Step 6:

Insert the top ends of both slide rods (#11) into the top of the left frame (#1) and right frame (#2). Then, position the lower ends of the rods under the left and right frames and secure using:

- 4 × Socket Cap Screws (#8)
- 4 × Spring Washers (#9)
- 4 × Flat Washers (#10)
- 2 × Large Washers (#15)



Step 7:

Remove the pre-assembled 120 wire wheel from the side frame.

Step 8:

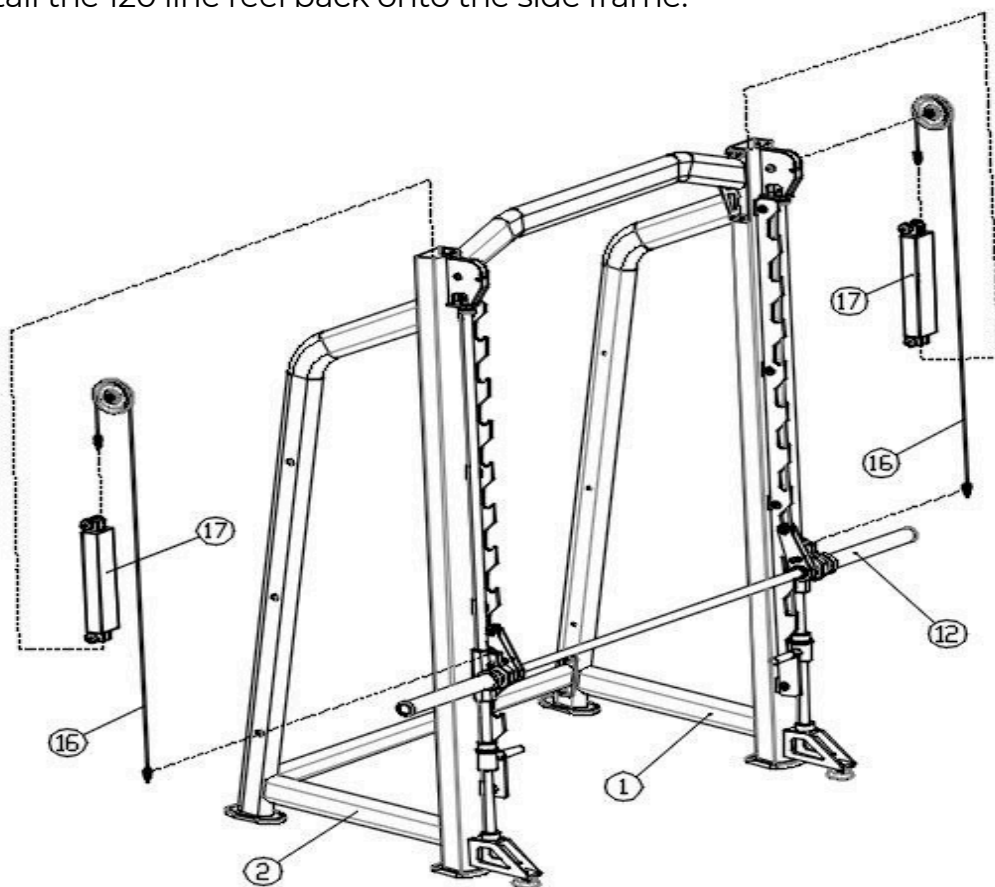
Thread the wire rope (#16) as shown in the diagram. Attach one end to the Smith Barbell (#12) and the other end to the Smith Balance Weight Iron (#17).

Step 9:

Insert the two Smith Balance Weight Irons (#17) into the left frame (#1) and right frame (#2). Make sure the rollers are facing away from the 120 wire wheel, as shown in the image.

Step 10:

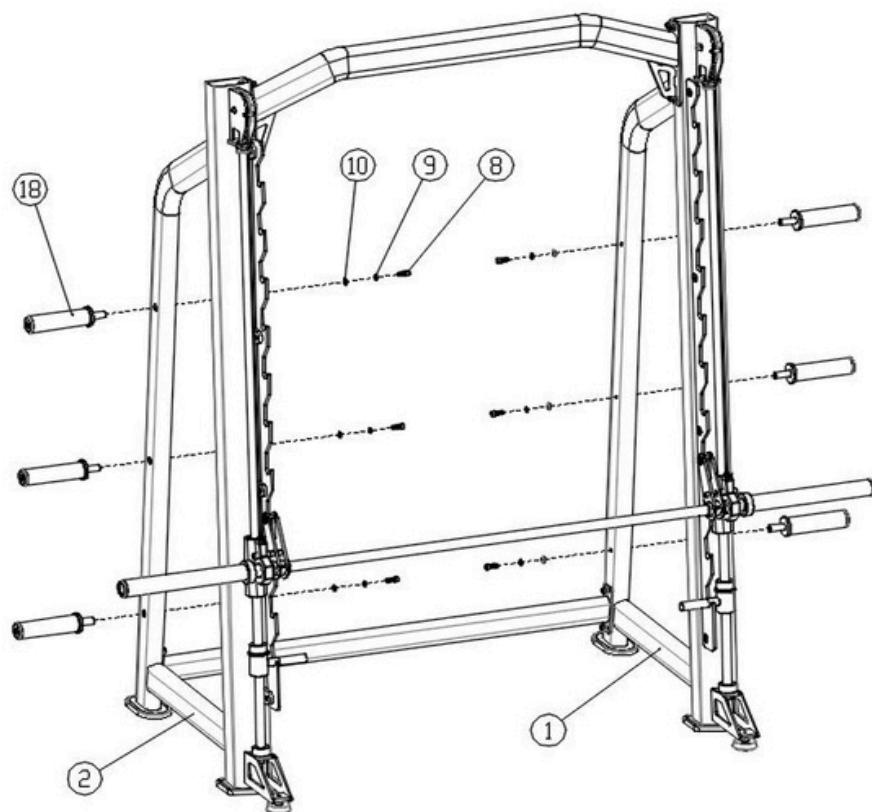
Reinstall the 120 line reel back onto the side frame.



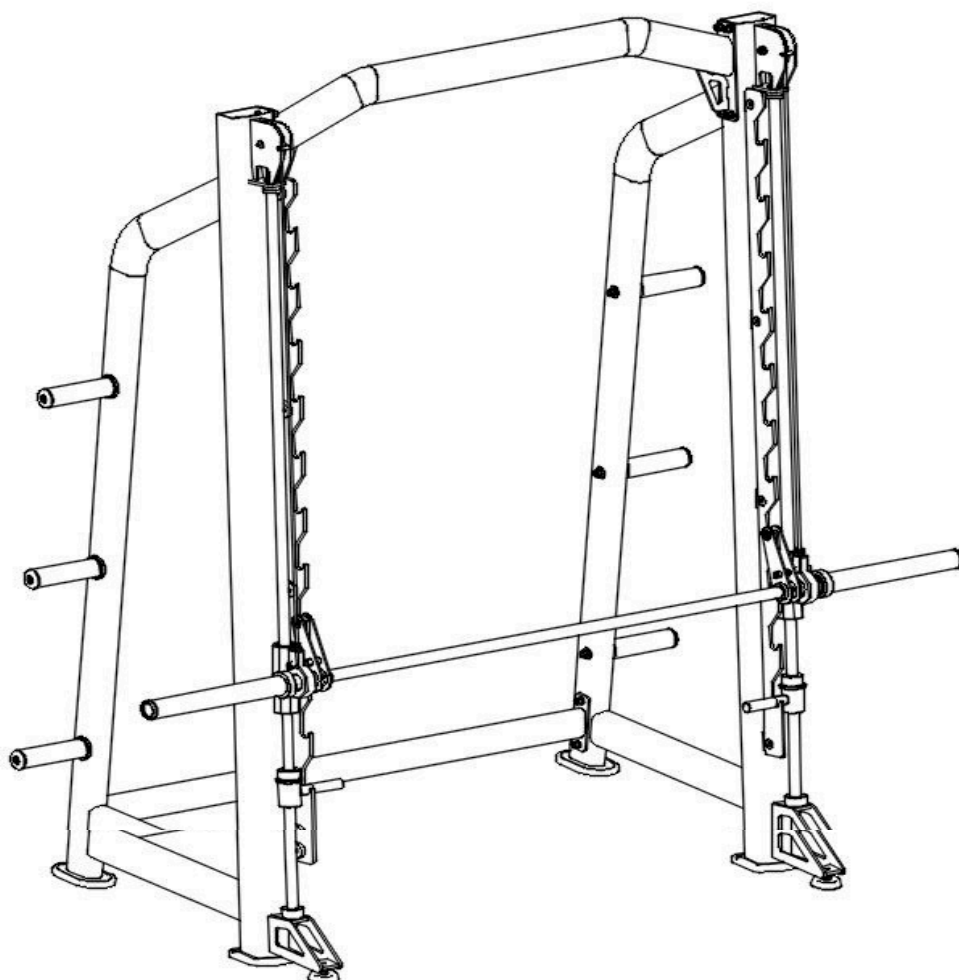
Step 11:

Attach the Smith Plate Storage Rod (#18) to both the left frame (#1) and right frame (#2) using the following components:

- 6 × Socket Cap Screws (#8)
- 6 × Spring Washers (#9)
- 6 × Flat Washers (#10)



Fully Installation



## Important Tips

Now that your Smith Machine is fully assembled, take a moment to make sure the structure is level and properly aligned.

Use a spirit level to ensure the guide bars are perfectly vertical and straight.

## Accessories List

No.	Name & Specification	Qty
1	Smith left frame	1
2	Smith right frame	1
3	flat oval pad	2
4	Weight pad	2
5	Movable pad	2
6	Smith Lower Connecting Beam	1
7	Smith Upper Connecting Beam	1
8	Hex socket head cap screw (M10*20)	22
9	spring washer (10)	22
10	Flat Washers (10)	22
11	Smith slide rod	2
12	Smith barbell	1
13	Slide rod rubber pad	4
14	smith safety hook	2
15	large washer (10)	2
16	wire rope	1
17	Smith Balance Weight Iron	2
18	Smith Bell Storage Rod	6

NOTE: Pre-assembled parts are not listed in this table.